

# Tirle brook Newsletter

Dear Families,

This week's newsletter is devoted to Health & Wellbeing Week 2022! From Relax Kids to martial arts sessions, cookery workshops to cricket coaching, an Omnikin inter-house competition to Sports Day itself, what a whirlwind week of wellbeing activities we've had! Let's look back on all that happened during the week ... and that's not forgetting the regular important weekly newsletter information. Happy reading!

# Health & Wellbeing Week



#### Sports Day - Friday 1st July

What a brilliant day we had on Friday welcoming the school community back together for our first 'proper' Sports Day since July 2019! Miss. Jaryczewski writes,

'In a blink of an eye, Friday was here. The grand finale. The amazing community event that concludes our annual Health & Wellbeing Week perfectly. Sports Day 2022!

Tirlebrook children and families came together as a community to enjoy Sports Day 2022 and what a fantastic day it was! Sports Day 2022 marks the first occasion since March 2020 that has allowed all members of the school community to gather for such an event, making it even more special, amazing and memorable than it usually is. Children came to school dressed in coloured t-shirts to represent their school houses and wearing their brightest smiles ahead of the excitement the day would bring.



The morning began with two Sports Day Quizzes, led and organised by our wonderful Sports Council. The children remained active as they chose corners to vote for the correct answer to the number of questions asked. The competition was tough, the questions were tougher, but, in the end, each team tried their best and thought hard to answer a number of sports questions, including: Who is the most capped (male) England football player? Of course, many of us 'older ones' would know the answer to that. In the children's case, only Alfie (Y5) knew that Peter Shilton owned that title! Many guessed Wayne Rooney or David Beckham! Congratulations to Wenlock and Montague for being victorious in the Infant and Junior Quiz respectively.

After an active break time we began with a whole school warm up led by our enthusiastic dance crew. Emily, Hannah W and Erin did a fantastic job of leading the dancers to lead everyone else as they got the school moving to Mrs. Perry's choreographed warm up. Everyone looked like they really enjoyed it (even the staff!)

Throughout the day there was an exemplary display of team spirit, sportsmanship and positive attitudes as children took part in a selection of games and skilled sporting activities. Traditional races, and some not-so traditional races filled the morning for children in



Early Years and Key Stage 1 while Key Stage 2 children challenged themselves with these races during the afternoon. When not racing, the children took part in a range of fun games on the playground including 'Parachute Panic', 'Netball Shot', 'Overhead Tennis', 'Hula Hula Challenge', 'Summer Relay', 'Hockey Slalom', 'Beach Volleyball', 'Penalty Shoot Out', 'Target Throw' and everyone's favourite, the 'Water Relay'. Family members watched on excitedly, cheered loudly and applauded enthusiastically at everyone's efforts while the sun (mostly!) shone. And many even took the opportunity to join the children in participating in our lunchtime whole school community Tirlebrook 10!

































At the end of the day, the scores were counted and totalled with the winning house team being announced and awarded the Sports Day Trophy. Congratulations to the children of Hastings who proudly recited their house chant while their House Captains held the trophy up high! Remarkably, Hastings didn't win any one individual element of Sports Day, but their consistency throughout every competition is what took them to the title of champions! Huge congratulations to them but also to all the children who took part in Sports Day - you were all brilliant and, in our eyes, you are all champions!







Thank you to all family members who were able to join us for Sports Day - it's never the same without you and with your help, the atmosphere was buzzing and full of life! Thank you to all members of the Tirlebrook Primary School staff team - Sports Day is an 'all hands-on deck' event and without everyone contributing, the day wouldn't have been the success it was. Thank you to Mr. Lockley and Mrs. Featonby who were the leading lights behind all Sports Day and Health & Wellbeing Week arrangements this year - without their dedication and hard work, the week wouldn't have happened and Sports Day wouldn't have had the same level of energy. A special thank you also to Woody's and Cotteswold Dairy for donating strawberries and cream so that a little fundraising for the school could be achieved on the day. This was extremely generous and I know enjoyed by many family members (and one or two staff!) But mostly, thank you to the children for being fantastic sports and demonstrating just how we explore, enjoy and excel together at Tirlebrook.'

The Results Are In!

Event	Beauchamp	Hastings	Montague	Wenlock
KS1 Sports Quiz	14	25	22	29
KS2 Sports Quiz	41	41	57	43
KS2 Playground Games	63	78	81	63
KS1 Races	158	193	145	202
KS2 Races	166	191	197	162
Total	442	528	502	499
Position	4 <sup>th</sup>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>

Health & Wellbeing Week - Monday 27<sup>th</sup> June - Friday 1<sup>st</sup> July
As if Sports Day wasn't enough for one week, let's look back at the rest of Health & Wellbeing Week 2022. Mrs. Featonby writes,



'To kick off our Health & Wellbeing Week on Monday, Mr. Lockley led a whole school assembly revisiting LACES, our school's way of

remembering the internationally recognised 5 ways to wellbeing: Learn, Activate, Connect, Enjoy and Evaluate, Share. The assembly also introduced our latest competition; the Sport Council asked the children design their own mascot to represent one of the five ways of wellbeing. Each class was given time to design their character during the week, using inspiration from their assembly and their

teachers! The infants were lucky enough to work with **Melissa Turland**, an incredibly talented illustrator and parent member of our school community, on **Thursday** to design their cartoon mascots.



On **Tuesday**, the children began their day with a very **pink** and active **Tirlebrook 10**, diving under, over and through a range of obstacles! Year 5 led the younger children brilliantly whilst they completed their laps, the aim being to complete 250 laps between them to match Mrs. Featonby's 100km trek across the Sahara for her charity challenge. Early Years and KS1 absolutely smashed their goal! They were quickly joined by the children from Little Oaks who helped our infants to complete over 500 laps! The juniors then took their turn, after briefly discussing why we were wearing **pink**, why we were running and how important it is to do something to help. Together, they completed their laps in their class groups, each class trying to reach that 100km target. The juniors even had an extra surprise, as some of the staff channelled their mischievous selves, soaking the children with water pistols as they trekked around the track! **Thank you** to all of the families and the children who supported this event. We are thrilled to announce that the school community managed to raise an incredible £252.43 for the **Coppatrek** - a charity that raises funds towards and the awareness of breast cancer and secondary breast cancer. **Thank you** so much for your kindness and support. We have a phenomenal, kind school **community** who always pull **together** so well. **Thank you**!













Following their morning of excitement, each class warmly welcomed Sarah from Relax Kids who delivered a range of exciting, engaging and really helpful workshops. Each session involved breathing, moving, relaxing, positive thinking and even some peer massage! We thoroughly enjoyed working with Sarah - she is truly inspirational and inspiring. The children left her session with a complete set of tools to help them to calm, relax and self-soothe, enabling them to look after their emotional and mental health.

Thank you so much, Sarah!

On **Tuesday** afternoon, our Year 3s, Year 4s and Year 5s thoroughly enjoyed playing a very special, unique and peculiar sport: **Omnikin! Move More Coach**, **Jordan**, worked with each class to participate in a range of games and activities using the main piece of Omnikin equipment - a giant, inflatable ball! Although the Year 5s competed in a house



Omnikin competition earlier in the year, they still absolutely loved their workshop. Year 3 and Year 4 were heard making comments like, 'I loved that!' and 'That was so fun!' What wonderful things to hear! It's

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always such a great experience for the children when they learn something new. Thank you Jordan for your time and energy!



**Wednesday** seemed to be a little bit quieter... the day began with two **healthy food workshops** led by **Chef Caldera**: one with Year 2 and the other with Year 3. The children really enjoyed creating bread dough before being encouraged to take it home to bake. In the afternoon, **Matt** 

Fiddes coaches came into school to give
Tirlebrook a taste of martial arts. Years 2, 3,
5 and 6 all participated. The session involved
some very tough warm up tasks (including
burpees!) before working together to
complete some punching and kicking exercises

- safely of course! Each child was given a poster about the Matt Fiddes sessions; it would be fantastic to hear that the workshops have inspired some of our keen and eager children to take up a new hobby. Thank you to our coaches for their enthusiasm and effort. We really enjoyed our sessions!



**Thursday** brought even more new experiences, learning and enjoyment. We welcomed further **healthy food workshops** led by **Chef Caldera** into school, this time to work with our Year 4 and Year 5 children. Using a range of ingredients, the children independently measured, mixed and moulded their own dough, ready to put in the fridge, before taking them home to cook. It was great to see some of the finished products too; Saxon shared a photograph with us of his homemade pizza, using the dough he'd created at school. How amazing! Not only did the children learn how to make bread, the chef shared with us ideas about healthy eating, sustainability, and even some science about the reactions created by mixing two products.



















And finally, children from across the school were able to **explore**, **enjoy** and **excel** at **cricket** during some fun sessions led by **Gareth Dawson** from the recently re-named **GCF**, or **Gloucestershire Cricket Foundation**. Batting, bowling and fielding skills were the order of the day through a range of drills, activities and fun competitive games. Many children were really enthused by the opportunity to play cricket - a game that so many had surprisingly not heard of or played before.







And, just like a flash, that was it for **Health & Wellbeing Week 2022**. Gone before our eyes! Thank you to everyone for your support and commitment as we continue to seek to promote the health and wellbeing of the entire school community at Tirlebrook.'

Incredible! What a week! Enormous thanks to everyone for their contributions and well done to all of the children for making the most of the opportunities that arose. Also, very special thanks to Mrs. Featonby for all of her hard work and determination in getting the activities of the week organised and prepared ... and of course, for being a superb ambassador for children's mental and physical health and wellbeing here at Tirlebrook. Thank you one and all!

### Get Active

Tewkesbury Primary Schools' Rounders Competition - Tuesday 28<sup>th</sup> June Mrs. Featonby writes,

'Our brilliant Rounders Club, made up of children from Years 4, 5 and 6, gathered together to compete in this year's Tewkesbury Primary Schools' Rounders Competition at Tewkesbury School. Despite only having four Year 6s and the rest of the teams being made up of Year 5s and Year 4s, our two teams held

their own, worked hard and demonstrated some fantastic rounders play! Although neither of our teams came back with a medal, our children were positive, resilient and respectful. Both teams managed to score rounders, catch and stump out opponents and their knowledge of the game and tactics improved with each match. Gathering at the end, we congratulated the winning team, Twyning, before applauding loudly for our School Games band winners. They were as follows: Isaac Cu for respect, Ben Ra for teamwork, Billy G for passion and Hannah P for self-belief.

Congratulations to all of our fantastic rounders players. You have been a delight to work with at club this year and I am so glad that you all managed to compete. Just imagine how amazing we will be next year!!'



Squad: Sami B, Martha C, Georgiana C, Joe C, Isaac Cu, Jamie F, Billy G, Olivia H, Jack H, Thumelo K, Theo L, Jack L, Urte M, Scarlet O, George O, Hannah P, Saxon P, Ben Ra, Jack R, Jack R'son, Isla S & Betsy W



#### Tirlebrook Receives School Games Platinum Kitemark ... Again!

We are delighted to share with you that Tirlebrook has been recognised with the highest possible accolade from the School Games, the awarding of the Platinum Kitemark, for the second successive time. Despite the challenges of the pandemic, Tirlebrook has remained committed to raising the profile of school sport and maximising the number of opportunities for all of our children to be physically active. *Congratulations everyone!* 

### Thank You

#### Y12 Work Experience Students

It has been our absolute pleasure to welcome six Y12 students into Tirlebrook and Little Oaks Nursery this week for their work experience placement. Including three former pupils, it is always our immense privilege to bring older young people into our primary school setting for them to see what a teaching working environment is like from the other side! It has been lovely to see them making positive relationships with staff members and children alike. We thank them for their efforts and wish them all the best with the remainder of their post-16 studies. Thank you to *Liz*, *Rosie*, *Jess*, *Molly*, *Iwan* and *Luke*!





#### **Laptop Donations**

We are really grateful to have recently received three industry-used laptops in excellent condition. Many thanks to *Sarah Richards* and *Jess Ward* for coordinating this for us.

#### Queen Elizabeth: A Platinum Jubilee Celebration

We were delighted to be able to give out a copy of the book *Queen Elizabeth: A Platinum Jubilee Celebration* to every Tirlebrook pupil earlier this week as our monarch's incredible achievements continue to be recognised. We do hope that the children will cherish these books and in years to come remember where they were and what they were doing at the time of Queen Elizabeth II's Platinum Jubilee.

### Information for Families

Holiday Activity and Food Programme (HAF) and Holiday Activities Programme (HAP) - Summer Break Activity Information

From 1<sup>st</sup> August to 26<sup>th</sup> August, eligible children and young people in Gloucestershire will be able to take part in exciting and fun activities across the county in the Holiday Activity and Food programme (HAF). Gloucestershire County Council have once more extended the provision of this programme to all families through their Holiday Activities Programme (HAP). Bookings for activities will open from 11<sup>th</sup> July. To take full advantage of this, make sure you have your Children's Activity Booking System (CABS) account ready by following the link: <a href="https://gloucestershirecounty.coordinate.cloud/account/register">https://gloucestershirecounty.coordinate.cloud/account/register</a>. For more information please visit <a href="https://gloucestershire.gov.uk/haf">www.gloucestershire.gov.uk/haf</a> where you can stay up to date with the latest news about Gloucestershire County Council's offer.

#### Food Hamper Information

The Holiday Activity and Food programme (HAF), which, as stated above, runs from 1<sup>st</sup> August to 26<sup>th</sup> August, also provides families eligible for benefits related Free School Meals (FSM) with the opportunity to book and receive two weeks' of food hampers. These hampers are being provided by Gloucestershire County Council as part of its commitment to ensuring that 'no child goes hungry'. If you are currently receiving vouchers from the Holiday Free School Meal voucher scheme, you are eligible to receive food hampers too. As well as the hampers, delicious and nutritious food will be available at all HAF activity sites for children to enjoy. This year, food hamper bookings are being released in waves according to district to ensure as many eligible families as possible have the opportunity to book a food hamper. If you live in Tewkesbury, you will be able to book your food hampers from 11<sup>th</sup> July until 29<sup>th</sup> July. To make sure you don't miss out, you can follow the Tewkesbury District lead on Facebook by clicking here. If you have any other queries or concerns, please get in touch with the HAF team at HAFparentenquiries@gloucestershire.gov.uk.



#### **Tewkesbury Foodbank**

Are you worrying about how you will cope finding food for lunches for your children during the school summer holidays? If you are not receiving help through the council voucher scheme (see above), *Tewkesbury Foodbank* are able to offer support. To receive help, please obtain a Foodbank Voucher, either from your

school or from Tewkesbury Borough Council on 01684 272035. For more information, please contact Tewkesbury Foodbank on the following email address, <a href="mailto:shm@tewkesbury.foodbank.org.uk">shm@tewkesbury.foodbank.org.uk</a>.

#### Celebration Assemblies - Reminder

Our next Celebration Assembly will be on *Thursday 7<sup>th</sup> July*.

### Extra-Curricular Clubs Information - Friday 8th July

Due to Year 3, Year 5 and Year 6 all being out on trips or visits on Friday, 8<sup>th</sup> July, Card Games Club and Rounders Club are both *cancelled*. Thank you for your understanding and support.

### Looking Back

YR Trip to Dinky Street - Tuesday 28<sup>th</sup> June Miss. Stoker writes,

'YR were lucky enough to visit Dinky Street this week. The children had a wonderful time. Mrs. Moysey even received a makeover! Thank you very much to Mrs. Simpson and Dinky Street for having us!'























Y4 Visit to 'In The Net' - Wednesday 29<sup>th</sup> June Ms. Brown writes,

'Silver Birch Class visited Carrant Brook Junior School on Wednesday to see a drama production called, 'In The Net'. Organised by the Gloucestershire Safeguarding Children Partnership (GSCP), the show is part of a programme of work being used by schools across the county around raising and tackling the complex nature of Safe Internet Use, Cyber Bullying and the prevention of exploitation online. It was a fully interactive experience that the children thoroughly enjoyed. We hope that the drama will also prove to be a memorable way of enhancing their safe internet usage, helping the children of Silver Birch Class to be aware of the dangers so that they can protect themselves and stay safe on-line.'

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Miss. Bishop's and Miss. Garrott's Charity Trek Challenge

Miss. Bishop and Miss. Garrott write,

'We raised £550 to be split between **Tirlebrook Primary School** and **Coppafeel**. We had to really dig deep towards the end but feel proud for completing it and raising some money.'







#### Dear Challenger,

Congratulations for taking part in our Cotswold Way Challenge this weekend; we hope that you had an enjoyable & memorable time. It's a tough event – and to successfully take on 53km, with over 1,630 metres of climb up & down those hills on the way to Wotton – is a tremendous achievement – so well done!

# get Involved

### DoodleMaths Summer Challenge

Ms. Brown writes,

'The **DoodleMaths Summer Challenge** is back! Join the fun! Between the 1<sup>st</sup> July and 31<sup>st</sup> August, Doodle are running the DoodleMaths Summer Challenge. The Challenge is designed to encourage a few minutes of daily Doodling, topping up each child's knowledge and helping them to prepare for the academic year ahead. Most excitingly, Doodlers can earn a FREE pin badge, in-app badge and certificate by taking part! Follow this link for full details on how to get involved...



https://doodlelearning.com/challenge.'

Full details have also already been e-mailed to families and you can find a repeat of this information at the end of this week's newsletter. We'd love to see as many children completing this challenge as possible. *Get doodling!* 

#### DIARY DATES: Also see calendar on school website

- ★ Y5 Residential Review Meeting Tuesday 5<sup>th</sup> July @ 5 p.m.
- ★ Reception Swimming Lessons Continue Wednesday 6<sup>th</sup> July
- \* Rockley Point 2023 Residential Meeting (Current Y4) Wednesday 6th July @ 6 p.m.
- ★ Celebration Assembly Thursday 7<sup>th</sup> July
- ★ Y5 & Y6 Medieval Festival Visit Friday 8th July
- ★ Y3 Visit to Pitts Rivers Museum, Oxford Friday 8th July
- ★ Y4 Life Saving and Water Safety Swimming Session 1 Friday 8<sup>th</sup> July
- ★ Medieval Festival Parade Sunday 10<sup>th</sup> July
- ★ School Reports Monday 11th July
- ★ Y1 Visit to All Things Wild Tuesday 12th July
- ★ Y6 Leavers' Service @ Tewkesbury Abbey Thursday 14<sup>th</sup> July @ 2 p.m.
- \* \*NEW\* Cinderella & Rockerfella Matinee Performance Tuesday 19<sup>th</sup> July @ 1:15 p.m.
- \* \*NEW\* Cinderella & Rockerfella Evening Performance Tuesday 19th July @ 6 p.m.
- ★ Cup Assembly Wednesday 20<sup>th</sup> July @ 9 a.m.
- ★ Y6 Leavers' Assembly Thursday 21st July @ 9 a.m.
- ★ End of Summer Term 2 Thursday 21st July @ 1:30 p.m.

- ★ INSET Day 1 Monday 5<sup>th</sup> September
- ★ Start of Autumn Term 1 2022-2023 Tuesday 6<sup>th</sup> September
- ★ Tirlebrook is 50 Celebration! Saturday 1st October

**And finally...** what a week! I'll be writing another newsletter before I even know it! With very best wishes,

Simon Lockley & the Tirlebrook Team

